

# WEEKLY CALENDAR

## Week of 9-18-17

### Monday, 9-18-17

#### Administration:

#### Education:

- Academic Team Practice – 4:15-5:00 pm
- Running Club – 4:15 pm

#### Medical:

#### Direct Care:

- Boy Scouts – 5:30-6:45 p.m.
- Workout Room – 6:30-7:00 p.m.
- Outside/Open Rec – 7:00 p.m.

### Tuesday, 9-19-17

#### Administration:

#### Education:

- Academic Team Practice – 4:15-5:00 pm
- Cheer Practice – 4:15-5:00 pm & 5:45-7:00 pm

#### Medical:

- Low Vision Clinic – 1:00-4:00 p.m.

#### Direct Care:

- Movie & Popcorn Night – 6:30 p.m.

### Wednesday, 9-20-17

#### Administration:

#### Education:

- E-Team Mtg. – 8:30 am
- Jostens here to meet w. Seniors – 2:35 pm

#### Medical:

#### Direct Care:

- Shriners Circus in Tahlequah, OK – 4:45 p.m.

### Thursday, 9-21-17

#### Administration:

- Cragg & Echelle @ OSAC Meeting, OKC

#### Education:

#### Medical:

#### Direct Care:

- **HOMEGOING**

### Friday, 09-22-17

- Reed, Harris, Goins @ TAGG Training, Tulsa

# MENU FOR WEEK OF 9-18-17

Monday	Tuesday	Wednesday	Thursday	Friday
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## Breakfast

Canadian Bacon & Cheese sandwich Yogurt Warm Cinnamon Apples Cinnamon Toast cereal Milk, A. Juice, & Water	Sausage Patty Yogurt Grapes Trix cereal Pancake w/syrup Milk, OJ, & Water	Breakfast Sausage Casserole Pears & Grapes Apple Jacks cereal Milk, A. Juice, & Water	Wheat Biscuit Gravy Yogurt Mixed Fruit Lucky Charms cereal Milk, OJ, & Water	
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## Lunch

Corn Dog <b>OR</b> Chicken Fajita + Mac & Cheese Ranch Beans Salad Bar Pineapple Peanut Butter cookie Milk, OJ, & Water	Beef Spaghetti <b>OR</b> Chicken Alfredo Steamed Broccoli Salad Bar Peaches Blueberry Crisp Milk, A. Juice, & Water	Seasoned Pork Chops <b>OR</b> Lemon Pepper Chicken Herbed Carrots Salad Bar Strawberries in Glaze Wheat Roll Rice Pilaf Milk, OJ, & Water	Beef Stroganoff over Noodles <b>OR</b> Chicken & Noodles Seasoned Green Beans Salad Bar Rosy Applesauce Oatmeal Cookie Milk, A. Juice, & Water	
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## Dinner

<b><u>BOY SCOUTS</u></b> Hamburger Steak & Brown Gravy Mashed Potatoes Parker House Roll Apple Easy Cobbler Milk, Water, & Kiwi Punch	<b><u>Cheer &amp; Academic Team</u></b> Bacon Cheeseburger Stromboli Breaded Okra Pudding Milk, Water, & Unsweetened Tea	<b><u>Eating at 4:30</u></b> Pigs in a Blanket French Fries No Bake Cookie Milk, Water, & Fruit Punch	<b>HOMEGOING</b>  PB&J Sandwich Cheese Puffs Bottled Water	
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