

# PANTHER PRIDE

School Principals: Shawna Coplen, Lynn Cragg

http:/osb.k12.ok.us/

## 2. Qtr. (Elem.) / 1. Sem. (MS/HS) Honor Roll

## "A" Honor Roll

#### 2. Qtr. Elementary

Madilyn Gray LaShae McGuire

## 1. Sem. Middle School

Piper Conner
Braylen Fuller
Kelton Jordan
Evy Kizzia
Justin Millar
Stephanie Story

## 1. Sem. High School

Emileigh Jackson Abigail Norton Aislinn Popejoy Julio Valdez Trinity Vreeland Tessa Williams William Winston

## "B" Honor Roll

#### 2. Qtr. Elementary

Elijah Cervantes-Phipps
Eric Enzenauer
Austin Heffley
Gabby Henderson
Kairi Husmann
Audrey Montgomery
Kennedy Sullivan

## 1. Sem. Middle School

Jaylee Burnside
Noah Dougan
Ian Holm
Ryan Horton
Nikki James
Macey Millar
Diesel Peoples
Hunter Pugh
Treysen Radick
Quanté Sellers
Lane Sutterfield
Kesslee Travis

## 1. Sem. High School

Dayton Baccus
Jaden Brown
Tyanna Culley
Adan Duran
Kolten Pennington
Jerry Rodriguez
Anicka Weller





## Students of the 2. Qtr.

Elementary: Haidyn James
Middle School: Stephanie Story
High School: Abigail Norton

## Students of the 3. Qtr.

Elementary: Madilyn Gray Middle School: Macey Millar High School: Julio Valdez



2022 - 2023, Issue 3 March 10, 2023

Editor: Maggie Mattox Next Edition: May 18, 2023

#### Special points of interest:

- Summer Camps
- O&M Bingo Challenge
- Greenhouse Update
- After School Programs

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## Social Services Department - News, Tips, etc.



It's never too late to be

caught being good....

So keep up the good

work students!!

We are proud of you all!

#### "Caught Being Good"

▶ Leah Sailors - Was comforting another student when he/she was upset

in an assembly. She is very sweet and always looks out for this student, making sure he/she is eating and she goes out of her way to sit with him/her when he/she is alone. She is a

TRUE leader.

Diesel Peoples - Helped another student get to class.

• Kolten Pennington- Helped another student read.

♦ Lane Sutterfield - Encouraged another student to behave in a positive

manner and avoid getting into trouble.

• Rudy Hunter - Befriended a young student. He is always watching out for

him and making sure that he is doing ok.

Elijah Phipps - Elijah is willing to help at all times.

• Austin Heffley - Holds doors open for fellow students.

Noah Dougan - Helped explain an accounting concept to another student.

 Kaylie Minter, Elbin Carrillo, Katelynn Zampella, Ryan Williams, Chris Sumner, Piper Conner, and Macey Millar

- They do an excellent job with the morning announcements and take great pride in their work.

Hunter Pugh, Justin Millar, Stephanie Story, and Macey Millar

- They did excellent work at the Kiwanis / Lions Clubs Chili Day! They worked constantly the four hours they were there, keeping tables cleaned, putting out clean placemats, and

serving diners. Great attitude!!

Lillian McDonald - Lily was nominated by teachers as student of the quarter

for her improvement this quarter. Although she did not win student of the quarter, her improved efforts and attitude

should be recognized! Keep up the good work.

◆ Adan Duran - Adan was nominated by two different teachers for student

of the quarter this quarter. Adan has been so helpful to guide and interpret for a new student. He has also kept up with his

work and improved his attitude.

Aislinn Popejoy - Watered my plants while I was out.

Rayce Phillips - Helped another student get to the bus.

## Muskogee Wellness Initiative - 2023 NO Soda Challenge



Some of our OSB staff and students participated

in the below listed Wellness Initiative as part of our Wellness Fit School program.

The **2023 No Soda Challenge** had 77 participants sign up initially, with 36 actually completing the

challenge and being eligible for the prizes... what a great participation! The challenge required all participants to **not have any soda for 23 days**, starting February 1<sup>st</sup> and ending on February 23<sup>rd</sup>.

The winners were announced on-air during the Okie Country 101.7 - Wellness Wednesday

morning segment on March 1, 2023 at 8:30 am.

Here are the PRIZE PACKS that were up for grabs:

◆ GRAND PLATINUM Prize: Opportunity to go ON AIR on Wellness Wednesday with Okie Country 101.7, A 4 Pack

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## Muskogee Wellness Initiative - 2023 NO Soda Challenge (continued)

(Continued from page 2)

of Tulsa Oilers Tickets, \$25 Gift Card to Okie Nutrition, George Foreman Grill, Gift Basket sponsored by Armstrong Bank, 4 MWI Water Bottles, and a Case of Water.

◆ GOLD Prize: All Inclusive (Gym, Pool, Group Classes)
1 Month Membership to Muskogee Swim & Fitness Center, 4 Pack of Tulsa Oilers Tickets, George Foreman Grill, 4 MWI Water Bottles, and a Case of Water.

- ◆ SILVER Prize: 4 Single Day Passes to River Country Water Park in Muskogee, 2 Pack Tulsa Oilers Tickets, \$25 Gift Card to Okie Nutrition, 4 MWI Water Bottles, and a Case of Water.
- ◆ BRONZE Prize: 4 Single Day Passes to River Country Water Park in Muskogee, 4 MWI Water Bottles and a Case of Water.

We are happy to announce that one of our own, Mrs. Maggie Mattox, was amongst the

winners. She took home the **SILVER PRIZE**.

#### **CONGRATULATIONS!**

Muskogee Wellness Initiative had a great time hosting this community challenge through their partnerships with the TSET Healthy Living Program, Cherokee Nation Health Services, Muskogee County Health Department and Okie Country 101.7.

## **Math & Engineering Competition**

#### By Ann Page

The middle school kept busy the weeks after Christmas break getting ready for the **Math & Engineering Competition**.

Some students were building ping pong launchers while others kept busy creating mousetrap powered cars. These were big projects and we worked hard in class to complete them. Some students even chose to do work on their projects at home.

The competition was held on February 9<sup>th</sup>, 2023 at the Muskogee Civic Center.

The day of the competition was a lot of fun.



From Left: Evy, Ian, Ryan, Braylen

The middle school represented themselves and their school well.

When they were not racing cars or launching ping pongs at targets, the students visited various vendors.



lan & Evy with their car

Vendors came from Oklahoma colleges and a few manufacturing facilities.

The students were encouraged to



speak to each vendor about their business or school.

After the competition was Macey & Mrs. Page over we all enjoyed some

pizza from Pizza Inn.

The Three Rivers Museum generously offered their conference room for the students to enjoy their lunch. After finishing their lunch, students were allowed to visit the museum while we

waited for everyone else to finish.

We decided to take advantage of the beautiful weather and walked around the Muskogee Depot Green, which is across from the Museum. The students came up with all kinds of creative ways to walk and run around the park.

After tiring themselves out with all that exercise we headed back to the school.

Overall, it was a very successful day for the middle school.



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## 3-D Printing Afterschool Program

## By Robert Miller

There are about a dozen students who have been attending the 3-D printing program this quarter.

They went through a series of lessons in TinkerCad to learn how to create and manipulate 3-D objects to get ready to print them.

You can move the "table" in TinkerCad to see your object from every angle. There are many basic shapes you can work with, like cubes, pyramids, and cylinders as well as the ability to make your own shapes either by grouping these shapes or by designing shapes of your own.

The first project these students completed was a personalized

#### nametag.



her nametag

Piper designing

They designed their own nametags then started the printing on the 3-D printers.

The filament that is used to print comes

in many colors and the students chose their favorite

Julio showing off his printed



create

their nametags.







Close Up of Ryan's nametag

Thingiverse, a universe of things, is a collection of millions of 3-D designs. The students learned how to download pre-created designs and then manipulate them to make their designs their own creation.

They are currently working on some of these projects to print in the upcoming weeks.

The final project they will work on is a Gear-Bug Car. It has geared wheels and the motor runs



on battery power. The students will personalize their cars with different designs on the front and back of their cars.

## **Robotics Classes**

#### By Robert Miller

This year there is a high school class and middle school class of robotics.

Both classes have worked with a variety of robots. Some of the robots came pre-made and just needed to be programed, like the DASH robot. Sphero Spark robot. and APH Rover robot.

Working with these robots helped us learn how to write code and, more importantly, how to trouble-

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shoot code when the robot didn't what do we expected.

Julio & Ocie troubleshooting As we learned their Raspberry Pi Pico Robots more about

these robots, we also learned how

to build our own robot.

We built our robots that are programed with the Raspberry Pi Pico which is micro controller.



Ryan is working on his

We install electronic components, such as motors, LEDs, and buzzers, on a breadboard and then write code

in the Python language to make those components do things; such as drive a robot car, flash

> LEDs. buzz course

The programs are a set of directions to aet the robot to travel through maze, over

bridges and around obstacles.

These robot kits were purchased a **grant** received Oklahoma Foundation for the **Education of Blind Children** and Youth.

The next project will be using Raspberry Pi 3 kits that were purchased from a donation from Transcribing Mariners.

The students will design their robot and print the parts on the printers before 3-D writing programs have those to complete tasks.



watching their robot go Panther Pride through a course.

Treysen, Quante and Ian

## **Beading Club**

## By Christy Hargrove

We have been doing some fun after school activities.

Every Tuesday, I rotate between having Beading Club or Braille Club.

During Beading Club, the kids created some pretty incredible things and have enjoyed the social aspect of just



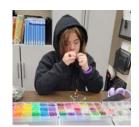
getting to have down time and doing something fun!

I am continually amazed at all they think they cannot do, but continue to do.

We have made her Hippie Wooden pumpkins in the fall, a Hippie Wooden Light Catcher to

hang in the window or on their wall, necklaces, and keychains.

## The students LOVE beading!!



Angel working on her beading project

## **Braille Club**

#### **By Christy Hargrove**

During **Braille Club** Elementary and Middle School students get together to enjoy reading and



From Left: Gabby H., Mrs. Eckerson, Lane S. and Kesslee T.

practicing their braille skills.

The kids love to play games and are very competitive.

Mostly, they enjoy socializing and getting to see who the winner of our games will be!!



It has been a great experience for those who do not always have something to do after school.

It also has been a real joy to get to work with some of the younger kids and to help them see that Braille can be fun!

## **HOP Program**

#### By Rebecca Mills

**HOP** stands for **H**igh **O**besity **P**rogram for Muskogee County OSU Extension Office.

On 2/22/2023 the elementary students were taught how to make a healthy snack out of waffles, fruit, and other healthy toppings.



What all can we do with waffles, blueberries, strawberries and yogurt?



This waffle needs some healthy toppings !!!

What a fun and yummy event.

Thank you OSU!



Ready, Set, Go... Let's eat!

The HOP program came back on **March** 8<sup>th</sup> to present to the high school students. An update was not available yet at the time of our newsletter deadline.



After all that decorating it was time to enjoy the yummy treats.

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## Mileage Club

## By Rebecca Mills

The mileage club is an afterschool program led by Ms. Leatherman and Mrs. Eckerson that allows opportunity students the participate in physical activity.

The students log how many miles they walk each week and then earn tokens for those miles earned.



their prices

The pictures show our students their receiving for the

tokens previous week and

stretching it out to

get ready to walk for this week.





## O&M BINGO Challenge - March 20 through May 4

#### By Faye Miller

This is the second year we are able to offer an O&M BINGO Challenge thanks to a generous donation from Uncle Frank.

This year he has told me to purchase some extra prizes for those of you who enter the challenge. Some of you have already given me suggestions for prizes, so I'll start them buying as instructed. "Smile"

The guidelines for the challenge are below and you can let Ms. Woods or Mrs. Miller know

that you want to participate.

You can then choose your BINGO card and work on completing 5 squares in a row.

## The challenges include:

- Demonstrating different cane techniques.
- Demonstrating different protective techniques.
- Demonstrating travel skills to cross a variety of streets.
- Locating features in different environments.

O&M ES Bingo Challenge					
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OWM BINGO CHALLENGE				
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## **O&M BINGO Challenge** Guidelines

This Challenge is only open to students who currently receive O&M services.

To enter, let your O&M instructor know that you want to participate, and you will get a BINGO card to choose from.

Each BINGO card consists of 25 M&O related challenges appropriate to your age group.

You must complete the challenges during O&M lessons and your instructor will mark your card as each challenge is completed.

Each square must be its own activity. You cannot use 1 activity for multiple squares. For example, you are completing challenge to walk a U-route, you cannot also use street crossings within that route to mark additional squares.

Each completed square works towards completing a BINGO, which is a line of 5 challenges horizontally vertically or diagonally.

Prizes are awarded for each BINGO you earn, up to 5 prizes for each BINGO card

If you complete all 25 challenges on your BINGO card, instead of taking 5 smaller prizes, you can choose 1 larger prize.

Prizes you earn for completing a BINGO can be collected from Mrs. Miller at any time during the Challenge.

These prizes were purchased with a **donation** generously provided by Uncle Frank.

The O&M BINGO Challenge will run from Monday, March 20<sup>th</sup> to Thursday, May 4th, 2023.

## **GOOD LUCK EVERYONE!**

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## Habitudes - "Emotional Fuel"

#### By Whitney Gamble

On Thursday, Feb. 9<sup>th</sup>, OSB had its first monthly Habitudes all school assembly.

What is a **Habitude**, you ask? It's an **ATTITUDE** that we would like to see become a **HABIT**.



The theme for the month of February was "Emotional Fuel", and Coach Gamble taught us



that healthy relationships are the emotional fuel we need to sustain our lives as leaders.



We must be intentional about our pursuit of friends, which include heroes, mentors, models, peers, inner circle and mentees, in order to establish good emotional support.

Remember ... You become like the people you surround yourself with!

After the very energetic and



awesome performance of our coach Gamble, we recognized our SCASB participants, volunteers and winners and showed our appreciation for their efforts and great representation of OSB.

Each monthly Habitudes assembly will have its own topic and speaker and will be followed by recognizing special people from our school.

## **OSB Greenhouse Update**

#### By Ann Page

Some of you have been wondering about the greenhouse on campus.



With much time and effort from the school's maintenance department, our greenhouse is up and running.

There is still a lot of work to do, but we have been able to set up



some hydroponic systems and areas for potted plants.

Thanks to Mrs. Webb's class for planting some seeds before Christmas and allowing us to

continue growing them in our vertical hydroponic garden.

On January 24<sup>th</sup>, we were able to supply the cafeteria with fresh greens.

Lettuce, arugula, kale and basil were on the menu.



Elementary classes have had an opportunity to help out in the greenhouse.



They had a great time getting their hands dirty while planting a variety of seeds including some potatoes.

Students were also able to taste the different leafy greens that we have grown. As the year continues, all students will have opportunities to help out in the greenhouse. There will be plenty to do.

We are hoping this will be a very enjoyable time for all the staff and students. There is a lot to learn to make this a success.

Students and staff will work together to produce fresh food for the cafeteria and hopefully have a few plants to take home.



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## **KIWANIS / LIONS CLUBS CHILI DAY**

#### **By Susan Young Mock**



For over 45 years, the Kiwanis Club of Muskogee has hosted the Chili Day as the major

fundraiser in their efforts to help the children in the Muskogee area. Due to declining membership in both clubs, the Kiwanis Club and Muskogee County Lions Club teamed up and now share the workload and profit.

Both clubs benefit the children in Muskogee and, specifically, the students at the Oklahoma School for the Blind.

Each year, Kiwanian, OSB DECA and Student Council Advisor, Susan Young Mock, takes students to the event to meet the Muskogee leaders and to work – HARD.

The students keep the tables cleared and cleaned, serve

the patrons by re-filling chili bowls and drinks, and share experiences with their elders.

This year, four middle school students represented their peers on February 22, 2023.



From Left: Stephanie, Hunter, Justin and Macey

Eighth graders Justin Millar of Muldrow and Hunter Pugh of Claremore and seventh graders Macey Millar of Muldrow and Stephanie Story of Tulsa showed their appreciation for the support of their school by working diligently the entire four-hour shift.

Macey exclaimed, "The chili was delicious! I couldn't have made it better myself!"

Macey and Stephanie paired up to keep their side of the huge room clean and ready for the next group of hungry folks. "Working at the Chili Day helped me to get out of my comfort zone." noted Stephanie. "Serving and talking to people I have never met was a great experience for me. I hope I get to go back and do it again."

Both Hunter and Justin worked the entire room and kept the tables clean and fresh placemats all around. Justin had fun and liked working with his friends. Hunter, too, enjoyed himself and said, "The people were very nice and the chili was amazing! I really would like to go again if I could!"



From Left: Stephanie, Hunter, Justin and Macey

## **OSB Spelling Bee**

## **By Cassie Shelton**



The **2023 Spelling Bee** was held on January 24.

This year's Bee consisted of 20 students from 1<sup>st</sup> - 8<sup>th</sup> grades.

They are all to be congratulated. I am proud of each student who accepted the challenge and gave it their best.

Several of our students mentioned how hard some of the words were; words like waddle, surplus, evaporation, improvise, and flabbergasted.

When it came down to the final round, the word presented was 'chimpanzee'. It was down to two contestants, Leah Sailors and Hunter Pugh.

Leah ended up taking home the 1st place win. Hunter received

Ü

From Left: Treysen, Hunter, and Leah

2<sup>nd</sup> place and Treysen Radick placed 3<sup>rd</sup>.

There were 23 rounds total, one of the longest Spelling Bees

I've witnessed in a while.

We are so very proud of our top 3 winners. Each will receive a

medal of placement at the awards ceremony in May.



Leah and Hunter will proceed to the Eastern Oklahoma State Spelling Bee in Muskogee on Friday, April 21st at the Muskogee Civic Center where they will have an opportunity to earn placement along with a trophy and a cash prize.

Let's cheer on our contestants and wish them the best of luck!

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## **Speed Radar Data Collection**

## by Faye Miller



Speed Radar Gun

Elbin Carrillo, Julio Valdez, Erikson Lopez, Rayce Philips, Chris Sumner, Adan Duran, and Jerry Rodriguez

worked with the Action in Muskogee / Connect Muskogee team in February to collect speed data in front of OSB on Gibson St.

This data is being collected all over Muskogee County at different school locations as part of a **Safe Routes to School** program. We hope this data will better inform our local government and help make school zones safer places for students.

During the school day, there are flashing School Zone lights at each end of Gibson St. by our school that **limit the speed** of vehicles to 25 mph.

The day we recorded data was cold and rainy and the street in front of the school was flooded in a few areas, forcing the vehicles



to decrease their speed as they drove slowly through the puddles or drove around

them.

Gibson St. runs east to west. We split up into 2 areas, one group was at the east end of campus and one at the west end. A speed radar (radar stands for: radio detection and ranging) gun is hand-held and uses radio waves that bounce off moving objects and back to the radar gun to measure the speed of moving objects.

Ask your science teacher to teach you more about the Doppler Effect to learn more about how these radio waves bouncing around can measure the speed of vehicles.

The team at the west end of the school by the pedestrian

crossing recorded average speeds of 20.6 mph for westbound vehicles (these vehicles are probably slower because they are coming out of large puddles) and 26.6 mph for



east bound vehicles.

The team at the east end of the

school by the van parking lot recorded average speeds of 28.2 mph for westbound vehicles (these vehicles hadn't reached any puddles, yet) and 26.2 mph for eastbound vehicles (coming out of large puddles).

The 3 highest speeds that were recorded were 56 mph, 47 mph, and 46 mph.

We would expect that on a dry, sunny day, vehicle speeds would be higher. So, we will schedule another day before school lets out this year to collect additional data.

## **SCASB Update**

#### By Rita Echelle

I wanted to take this time to congratulate all of the students that participated at SCASB. You all did an outstanding job! I was very impressed with the effort you put in your events. You made us all very proud!

This was the first year since I have been superintendent that OSB has won 2<sup>nd</sup> place in wrestling!

A special congratulations to William Winston who was named Outstanding Upper Weight Class Wrestler and First Place Champion in his weight class

and to **Katelynn Zampella** for being named **First Place Champion** in her weight class.

All of you were determined to do your best, and it showed! You fought hard and pushed yourselves to succeed.

You all were winners in my book! Also, a huge thank you to the coaches, administrators, and sponsors that accompanied the students to SCASB. You worked tirelessly to ensure the students had a successful trip. Coach Shelby Gamble, Coach Chris Coomer, Coach Beth Stanfield,

Band Director Chris Ferrell, Principal Lynn Cragg, Principal Shawna Coplen, Nurse Teresa Young, and Super Supporters: Becky LaRue, Melissa Smith, and Howard Ashwood, your dedication to the students was inspiring.

Tera Webb, thank you for your part in organizing the trip for our students. It took all of you to make it the success it was!

It is a great day to be a Panther!

Mrs. Echelle

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## 2023 Braille Challenge

#### by Faye Miller



Thirty-one contestants competed in the 21st Annual Oklahoma Regional Braille Challenge held on the OSB campus this year. These contestants have been practicing spelling, speed and accuracy, proofreading, reading comprehension, and charts and graphs to prepare for contests. This is a preliminary contest and the top 10 contestants in each category from 58 regionals across the US, Canada and Great Britain will be invited to Braille Challenge Finals in Los Angeles June 23-25, 2023.

It was wonderful to have everyone together in a 1-day event again. Of course, we had some long-time volunteers with us. Jeanne Meyer and Sherry Holder have been volunteering at the Oklahoma Regional Braille Challenge for 21 years!

Many thanks to all our long-time volunteers and our first-time volunteers for sharing their time, expertise, and love of braille!



Julio Valdez and Elbin Carrillo have traded Braille Challenge and Cane Quest silver

Julio (left) & Elbin

and gold medals for many years. This year, in the Varsity division, Elbin came out with the gold medal outscoring Julio by just a few points! They are both **graduating seniors** this year, so it is the last exchange of medals for them in Braille Challenge.

Congratulations to them both for many years of dedication to braille and to their friendly competition.

All of the contestants worked hard practicing their braille and doing their best on the contests.

**Apprentice**-level contestants had to know both how to spell out the word "cannot" and the contraction "dots 4-5-6 c". The Freshman contestants wrote out "character" and "dot 5 c-h sign" on their spelling test. While Apprentice and Freshman were busy with their spelling tests, **Sophomore**, **Junior Varsity and Varsity** contestants were transcribing from a recording in the Speed and Accuracy contest. Sophomores were "Planning a Visit to the Water Park", Junior Varsity wrote about Mark Twain's life, and Varsity contestants learned about the small French cakes called madeleines.

Coaches Gamble and Coomer planned several activities in the gym for all the contestants after they completed their tests. Thank you coaches for being in charge of these activities!

While the contestants were busy with activities in the gym, the score room was very busy trying



to get the contests scored and entered to get ready for awards.

It was a great treat to have OSB graduates and former OSB teachers come back and help in the score room.

As a special treat,

Muskogee Mayor

Coleman came for
the awards ceremony
to present the
medals to our
winners. His support
of our students is
greatly appreciated
and it is an honor to



Mayor Coleman

and it is an honor to have him award their medals.

## **Congratulations**

to all our contestants!

#### **Final Results**

## **Transition 2 Apprentice**

Gold - Kesslee Travis, Muskogee Silver - Justus Hoover, Alva Bronze - Miracle Jones, Tulsa

#### **Transition 1 Apprentice**

Gold - Macey Millar, Muldrow Silver - Bryan Alender, Bethany Bronze - Leah Sailors, Sand Springs

#### Freshman

Gold - Kennedy Sullivan, Morris Silver - Jayda Magers, Ponca Citv

**Bronze** - Gabriella Henderson, Muskogee

#### **Transition 3 Freshman**

Gold - Jaylee Burnside, Muskogee Silver - Piper Conner, Perkins Bronze - Chris Sumner, Chickasha

(Continued on page 11)

## 2023 Braille Challenge (continued)

(Continued from page 10)

#### Sophomore

Gold - Lilith Pedersen, Anadarko Silver - Quanté Sellers, Oklahoma

**Bronze** - Kye Shrum, Perry

#### **Junior Varsity**

Gold - Hunter Pugh, Talala Silver - Stephanie Story, Tulsa

#### **Varsity**

Gold - Elbin Carrillo, Oklahoma City Silver - Julio Valdez, Oklahoma City

## **Overall High Scores**



Mayor Coleman and Macey M.

Sophomore /

JV / Varsity

Talala

Apprentice / Freshman

- Macey Millar, Muldrow



Mayor Coleman, Hunter Pugh

## THANK YOU TO EVERYONE FOR YOUR SUPPORT

A special thank you goes to the Family and Consumer Sciences classes that assisted with lunches for the volunteers. Julio Valdez, Samantha Six, Kaylie Minter, Jaylee Burnside, Evy Kizzia, Noah Davidson and, of course, their teacher, Allison Garner. We had delicious chicken Caesar wraps, chips and cookies that really hit the spot!





Thank you, also to OSB Library Media Specialist. Susana Jackman, and Julio Valdez, for

testing all 44 braille writers that were used in this event. Having a working braille



writer to use for the contest really helped everyone show off their best work. Thank you!

## Thank you to the volunteers, without their help we couldn't have an event:

Ruby Barker - Mindy Bess Kimberly Berry - Rachel Buchanan - Vince Cianfrone Chris Coomer - Jeri Cooper Debra Darrough - Lacey Downs David Finch - Kimberly Ford Shelby Gamble - Andrea Hamen Barbara Hamen - Christy Hargrove - Jody Harlan - Sherry Holder - Kelli Killman - Becky

LaRue - Maggie Mattox - Toni McGrew - Jeanne Meyer Orpha Paciorek - Paula Rogers Christina Stevens - Jon Stoodley Martha Stoodlev - Natalie Thomas - Katie Williams - Gina Woods

## Thank you to our Generous Sponsors for their many years of support:

- Oklahoma School for the
- Braille Institute of America
- Donations in Memory of Bud Holder
- Frank Dirksen
- Jeri's House, Inc.
- Lawton Council of the Blind
- Liberty Braille
- NanoPac
- NewView Oklahoma
- Oklahoma Chapter of AERB-VΙ
- Oklahoma Council of the Blind
- Ruth Kelly Studios
- Sapulpa Lions Club
- **Transcribing Mariners**
- Tulsa Downtown Lions Club



## **Blood Drive Update**



## By Allison Garner

We have had a total of 30 donors to date. qualifying us for a \$250 scholarship

to a graduating senior attending college.

Recently the numbers of donors were down, so please consider to donate if you can.

Our next blood drive with the OBI Bloodmobile is scheduled for

> **April 18<sup>th</sup>, 2023** 10:30-3:30

Below is a QR Code that can be used to schedule an appointment!



Spring Design



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## 2023 OSB Homecoming

## **By Newspaper Staff**

On January 10, 2023 the OSB Panthers celebrated Homecoming with a wrestling duel against Hulbert High School.

The night started off by crowning the 2022-23 Homecoming Queen.

This year all the members of the Senior Class were able to participate in the ceremony which made for a momentous night.

## The Homecoming Court incl.:

- Tyanna Culley escorted by Jimmy Anderson.
- Kaylie Minter escorted by Elbin Carrillo.
- Abigail Norton escorted by Juilo Valdez.
- Aslinn Popejoy escorted by Rayce Phillips.
- Flower Girl LaShae McGuire escorted by Crown Bearer Austin Heffley.



All of the candidates looked amazing and sported their own styles. They made this Homecoming their own with a wide range of colors, accessories, and trends.



Kaylie Minter
was crowned the
2022-23 Homecoming Queen
and was crowned
by Cheer
Captain Emileigh
Jackson.

Homecoming ceremonies were followed by some of the most exciting wrestling matches in a long time. All of the wrestlers fought with all of their might and made the Panthers proud.



Our Wrestling Team



Our Cheer Squat

After the duel, the students were excited to have a reception in the REC which included cake and punch.

We would like to thank Mrs. Webb, and everyone else who made it great, for all of their hard work putting together the beautiful ceremony every year. It is always a memorable event.

## **Inclusion In The Science Lab**

#### By Rita Echelle

# Congratulation to Cheryl Daniels!

Her Donors Choose project "Inclusion In The Science Lab" was <u>fully funded</u> in the amount of \$522.



OSB students will benefit from the digital microscope she will be able to purchase.

Thank you for putting in for this grant, Mrs. Daniels!

Best regards, Rita J. Echelle



## **Classical vs. Digital Microscope**

A classical optical microscope uses lenses viewed via an eyepiece to magnify the investigated objects.

A digital microscope uses a digital camera and optics to show captured images of small objects to a computer monitor.

There are different variations of digital scopes. Some of them are more or handheld and others very advanced microscopes with several measurement functions and observation methods. Using modern technology, digital microscopes combined with the right software can take and adjust pictures, record and edit videos, analyze 3D samples, make precise measurements, and create adequate reports.

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## After school art enhancement projects

## By Rebecca Mills



On Monday, February 20<sup>th</sup> a group of high school and middle school students were invited to **The Creative Soul** in Muskogee, a place that offers

On Monday, February 27<sup>th</sup> another group of students went to **Lola's Living**, right next door to Creative Soul, to enjoy an evening of working on wood projects.

The students chose a design, most of them painted a wood house (bird houses?), and got their material based on the design they picked. Then they got to paint



canvas painting lessons / events.

Students had a fun evening





of painting banners and other creative activities.

it any way they wanted.



The students had a great time.

These after school art projects enhancement were possible through made funds awarded by the ESSER grant from the Oklahoma State Department of Education.









## **FCCLA Update**

#### By Allison Garner

On February 8-9, 2023 Angel Cozort and Stephanie Story travelled to Commerce, OK to represent OSB in the 2022/23 FCCLA Region STAR Events.

Angel and Stephanie presented e-books they wrote and illustrated for competitive events.

The girls did a great job and

qualified to participate at the next level in the Children's Literature category.

Congratulations to a JOB WELL DONE!!!





Stephanie (Left) and Angel

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## **Rec. Activities**

## **By Nancy Brice**

Time is flying by! We are already in March, I just can't believe it is going so fast. We were a week away from Christmas break on the last report. I will begin there.



Christmas Karaoke is a big event for the kids every vear. Although they don't sing Christmas

songs, they do love to sing.

We had a special treat for the December Craft Night. Debra Darrough, one of our



outreach coordinators. had mother, Sue her Hardage make around 60 gingerbread houses

and she brought all the stuff to decorate them. The funny thing is some of the houses were eaten before the candy could be put on the house. Thank you to Ms. Sue and her family for working so hard and coming a couple of hours give the students away to a chance to experience wonderful gift. Also thank you Sherry Holder for staying that night to help some of the students decorate their houses.

Coming back from the break we started our



week out with Bingo which always is a great time to win some candy treats.



Continuing in January we had our Homecoming Coronation



and Wrestling Match. After the event there was cake and punch in the Rec. Center.

In January we had our 4th Annual OSB Family Feud. This year the boys came



back with a victory tying up the score now to 2-2. Way to go Boys.

The last week in January we were all frozen in so we did virtual that week.

Starting off February we began **Pool** with Tournament.

It was a 3 day event ending with the first place win-Ryan Wilner, liams and Piper Conner taking second place.



Piper (left) and Ryan (right)

Pool is becoming very popular here in the Rec. in the evenings and all the kids are getting pretty good at it.



Our Harry Potter Night was really magical. Ms. Jenifer from Muskogee Public Library came and separated the students into 4 houses and then they began to do

trivia, games and some crafts. I know nothing about Harry Potter but the kids do and always enjoy it.

On Valentine's Day we had our **Valentine** Dance.



From Left: Emileigh, Julia, Rudy and Tessa

I have to thank Betty, Tracy and Gina in the kitchen for saving me when I shorted my order on the

The Ladies stepped right in and made some more to



save the night. Thanks again to all the Kitchen staff for providing the awesome snacks.

We made sand art for February Craft Night. We took salt and rice then colored them with different colors



and filled them up in a mason The kids asked me what they should do with it. I said it was just pretty to look at. One student said they would give it to their mom.

We ended the month with our February birthday party.



As always I can't do the events by myself. There is a great staff here that helps me. Thanks to all.

> Bless you and be safe, Nancy Brice Rec. Director



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## Weekend with the Experts - Outreach Program

In December, OSB hosted a "Weekend with the Experts" with three families on campus, and it was a huge success!

The weekend training session was made possible under the **Parent Engagement Project** through the **ESSER Grant**.

Outreach Coordinators and Direct Care Staff dedicated many extra hours in planning and preparation to ensure the weekend ran smoothly and was successful.

Weekend with the Experts provided on-site lodging accommodations, all meals, and childcare for the families.

The hands-on training sessions began on Friday (4:00 – 9:00 pm) and extended through Saturday (9:00 am – 4:00 pm).

Weekend with the Experts was designed to provide parents of visually impaired / blind children with training, strategies, resources, tools, and support they may not have otherwise received.

The weekend kicked off with a Family Dynamics / Meet and Greet Session. This gave families an opportunity to connect, share stories, ask questions, and establish lifelong friendships with one another.

## Session training throughout the weekend included:

- Independent Living Skills (ILS)
- ◆ Pre-Braille / Fine Motor Skills.
- Sensory Integration,
- Social-Leisure: Adapting Games
- And Orientation & Mobility (O&M) basics

O&M - Walking blindfolded with a guide:





ILS - Eating Under the Blindfold:





The Braille Basics Session was enlightening!







Parents learned some tips and strategies to prepare them to

better assist their children!

#### Feedback from the Families:

Very positive feedback was given by the families! When the participants were asked "What did you find most beneficial about the weekend training sessions?", these were a few of their responses:

- "How difficult it is to do things without sight. Really put everything into a new perspective and I will use it more going forward to better teach my child".
- The plating, eating and O&M because it was a new experience to put myself in my child's shoes".
- "All of the hands-on with the equipment and tools that we need to use to help our children, and showing multiple ways to use them also".

In February OSB held a second "Weekend with the Experts", this time in Oklahoma City. We had 5 participants show up and the overall reaction and feedback was very positive again.



The next "Weekend with the Experts" is scheduled for April 21-22, 2023 at First Baptist Church in Lawton, OK.

The program is **FREE** and open to families with children ages 3-5, but is limited to 5 families (10 adults).

If interested please email Mrs. Karen Reed at <a href="mailto:kreed@osb.k12.ok.us">kreed@osb.k12.ok.us</a>.

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## **#WhatsNXT? Career Day**

## By Kaylie Minter & Julio Valdez

High school students from OSB and around the Muskogee area had the opportunity to participate in a program that provided them with skills and resources post-secondary.

The day kicked off with an uplifting speech from keynote speaker **Emeka Nnaka**, an inspiration and advocate for those with a disability.



Emeka & Coach Gamble

Students attended breakout sessions where they listened to individuals share their experiences about living successfully with a disability.

In addition, participants also learned about resources, tools, and programs available to those with disabilities.

#### Breakout session topics incl.:

- money management,
- work-life with a visual impairment,
- college life,
- guide dogs,
- parenting,
- and interviewing skills.

Students also learned about opportunities available from

NewView and INCOR.

The Oklahoma Library for the Blind presented materials about the programs and services available to those with a visual impairment.

The Department of Rehabilitation Services shared about programs and services they offer to those with a disability.

Vendors were also present, allowing students to explore the latest technology, and learn about transition programs.

OSB students were able to visit with their SBVI (Services for the Blind and Visually Impaired) counselors and discuss post-secondary options.

The day concluded with a Q&A panel for OSB students to inquire about a few of our alumni's life experiences in the real world.

A big THANK YOU to the Department of Rehabilitation Services for helping sponsor and provide resources for #WhatsNXT!

Also a big shout out to the OU Pre-ETS Transition Program for their assistance in making the day a success and providing lunch to students, staff, and quests!



Alex Myers speaking about Work Life w. Visual Impairment



Misty Hicks, OU Pre-ETS talking about Interviewing Skills



Richelle Zampella, OSB Alumni, talking about college lessons



Trey Lewis, OSB alumni, with his guide dog Shatner (the all time favorite)

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## GOING THE EXTRA MILE -



Following employees were nominated for their devoted support of our students, staff and school:

**Becky LaRue & Howard Ashwood**, thanks for helping me at SCASB. Carrying my bags helped a lot.

Teresa Young

**Becky LaRue**, is always a great helper to the kids and my class when I am at doctor appointments.

**Christy Hargrove** 

**Faye Miller**, thank you for stepping in and helping translate for a student during my presentation at #WhatsNxt?.

Tera Webb

Mrs. Eckerson, is always willing to help in many ways.

unknown

Allison Garner. Laci Goins, and Susana Jackman Thank you Mrs. Garner for organizing our #WhatsNxt? event together with DRS and for getting all the vendors involved. Thank you Ms. Goins and Mrs. Jackman for all the signs on the 5th floor and for the outside that helped our students and off campus guests find their way around. And Thank You to all other helpers for pitching in wherever needed to make this a great event. It appeared to be well received by students, guests and vendors.

Maggie Mattox

Susana Jackman went the extra mile by producing an outstanding informative video about OSB. I showed it to the Eastern District ESA on Saturday, February 25. The ladies were extremely impressed and enjoyed learning all about OSB.

Rita Echelle

Howard, Billy and Brent So thankful these guys helped me get my car running again when my battery went dead.

Tera Webb

Jeana Jones and her daughter Carter - Jeana and Carter came to help with SCASB track practice on Tuesday.

Tera Webb

Shelby Gamble & Chris Coomer - The new gym provided a great space for our vendors during #WhatsNXT?, thanks Coach Gamble and Coach Coomer for letting us invade!

Allison Garner

Susana Jackman, Laci Goins, Cheryl Daniels, Maggie Mattox, Faye Miller Thank you for going above and beyond to help make #WhatsNxt? a success for our students!

Allison Garner

#### Mrs. Miller & Volunteers -

Thank you, Mrs. Miller, and all of the wonderful volunteers that helped out with Braille Challenge. It looks like it was another huge success! Thank you all for the effort put forth. It took a lot of coordination and planning to put together the event. Kudos to all! Our students benefited greatly from this experience.

Rita Echelle

Karen Reed, Kim Ford, Debbie Darrough, Sherry Holder, Tammy Saccomano, Helen Wilson, Amanda Isom, Marcella Bynum, Jayla Riley, and Rosie Coomer

Thank you for all your help with our "Weekend with the Experts" program. It would not have been possible without you. And your friendly and professional interaction with the parents represented our school in a great way.

Maggie Mattox

Thank you guys for going the extra mile.

It is highly appreciated.



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# Birthdays

## **Students**

## MARCH STORY, STEPI

STORY, STEPHANIE 3 1 3 2 VREELAND, TRINITY PEDERSEN, LILITH 3 6 MCGUIRE, LASHAE 3 7 **BACCUS, DAYTON** 3 9 POPEJOY, AISLINN 3 13 3 18 COZORT, ANGEL MCDONALD, LILLIAN 3 26

## **APRIL**

SILVA, DAWSON 4 9 PHILLIPS, RAYCE 4 20

## **MAY**

WINSTON, WILLIAM	5	8
EAGLE, MYKEL	5	9
HUNTER, RUDY	5	16
WILLHIGHT, IAN	5	17
NORTON, ABBY	5	19
RITCHIE, LIAM	5	19
CARRILLO, ELBIN	5	23
VALDEZ, JULIO	5	28











## **Staff**

#### **MARCH**

KAULAY, KELLY 3 3 1 LARUE, BECKY 3 4 NAIL, CHARLES 3 10 WILSON, HELEN 3 16 CULVER, MARQUETA 3 20 THOMAS, KIMBERLY 3 28

#### **APRIL**

TIMMRECK, CHRISTINE 4 1 FERRELL, CHRIS 4 4 RAMSEY, JOANNE 4 7 RILEY, JAYLA 4 10 4 13 CRAGG, LYNN GILLIAM, RACHAEL 4 14 **GAMBLE, WHITNEY** 4 16 MATTOX, MAGGIE 4 18 4 26 BASS, GENA 4 27 JOHNSON, SHAWNDRA 4 30 OGLE, JENNIFER

#### **MAY**

MOORE, ELISHA	5	1
STEWART, DONNA	5	3
MENDOZA, KITTY	5	5
SANDERS, KAREN	5	6
BROOKS, TONYA	5	9
BRICE, NANCY	5	12
JACKSON, LINDA	5	15
WEBB, TERA	5	15
WOODS, GINA	5	17
BYNUM, MIKE	5	18
GAMBLE SHELBY	5	24

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#### Oklahoma School for the Blind

3300 Gibson Street Muskogee, OK 74403

Toll Free: (877) 229-7136 Voice/TTY: (918) 781-8200 Fax: (918) 781-8300

It takes more than sight to have vision!

Please check out our website at:



## OSB Employee / Staff Changes:

## Position Change/s:

Chris Coomer, Teacher, effective 2/1/23

## New Hire/s:

Amy Messer, DCS 2<sup>nd</sup> Shift, effective 1/2/23 Kitty Mendoza, H/C Worker, effective 2/6/23 Logan Billy, Bus Driver, effective 2/13/23



## **Separations:**

Lisa Yochum, H/C Worker, effective 1/1/23 (retired)



Christine Timmreck, ILS, effective 2/28/23 Carmen Hicks, DCS 2<sup>nd</sup> Shift, effective 3/08/23

## UPCOMING HIGHLIGHTS !!! - Save the Date/s !!!

## March 13-16 SPRING BREAK !!!

March 22 Special Olympics at Poteau PS (8am - 3pm)

March 28 Cap & Gown Pictures (3-4 pm)

March 29 PROM (6-10 pm)

April 3 STATE TESTING BEGINS !!!

April 6 FCCLA State Convention

Elementary Easter Egg Hunt (12:30-2:00 pm)

April 10 EASTER MONDAY - NO SCHOOL - BUS ROUTES RUN

April 14 DISTANCE LEARNING DAY

April 18 OSB Blood Drive (10:30am - 3:30pm)

April 25 State Jazz Contest

May 9 Spring Concert

May 18 LAST DAY OF SCHOOL

Awards Ceremonies (times tbd - check website for updates)

Graduation (1pm)

May 19 Professional Development Day (AM only)

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OSB WEBSITE - http://osb.k12.ok.us/

Resume' Building

Budgeting

Interviewing Skills

Ropes

Public Transportation Practice



# **OSB Summer Transition Program**

APPLICATIONS ARE AVAILABLE ON THE OSB WEBSITE

Golfing Fun! Menu

Grocery

9th-12th Grades



Enrollment Move-in Day: June 4th Program Dates: June 5-8/June 12-15

# GenCyber Cybersecurity Summer Camp



For High School Students with Visual Impairments

- No Cybersecurity Experience Needed
- Free for All VI Students
- All Meals & Lodging Provided
- Transportation Assistance





Apply: tinyurl.com/gencyber2023vi Contact: GenCyber@uah.edu















#### By Cheryl Daniels-James



Cybersecurity summer camp for high school students with visual impairments is a camp in **Huntsville**, **AL**.

It is open to visually impaired students going into the 9<sup>th</sup> grade up to students that will graduate in May 2023.

It is free for VI students, meals and lodging are provided, and they help with transportation.

Campers engage in a 6-day residential camp to learn cybersecurity and STEM skills through hands-on experiences and group activities.

Students must at least be entering 9th grade in fall 2023 to be eligible.

No cybersecurity experience or knowledge required.

GenCyber is funded by

government grants and is free to all students. Travel assistance is available to the camp in Huntsville, AL.

https://www.youtube.com/
watch?v=rL2jM-FXUqA

Students should have an interest in computers, have good mobility skills and independent living skills.

Interested students should apply <u>as soon as possible</u>.

https://www.uah.edu/ccre/camps

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The Transition VIBE Program provides assessment and career/higher education exploration. This week-long program is designed to prepare the individual for higher education, competitive workforce and independent living to the best of their ability.

## GAIN:

- 8 Independent living skills
- 8 Communication skills
- 8 Team building
- 8 Travel/transportation
- 8 Career and job exploration
- 8 Interviews
- 8 Technology
- R Resume skills
- 8 Exploration of college/career tech/workforce

Participants in Transition Vibe also can participate in the Summer Transition Employment Program (STEP). In STEP, students will experience a part-time, paid internship in their communities with job coaching assistance. Important: Eligibility for the STEP program requires successful completion of Transition Vibe and Referrals must be completed by March 31.

Technology and internet provided as needed.

Please contact your SBVI Counselor or

Deitra Woody at 405-522-3410 or Magan Rowan at 405-522-3380
for more information and registration.



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